



# Laura's Recipe Corner

Great Recipes from Laura McKay!

## How to Make Citrus-Lavender Hand Scrub

Courtesy of Giada De Laurentiis; <http://www.foodnetwork.com/shows/giada-at-home/700-series/how-to-make-citrus-lavender-hand-scrub.html>

Photo courtesy of: <http://www.craftionary.net/wp-content/uploads/2013/04/handmade-gift-salt-scrub.jpg>

**No need to buy fancy soap when it's so easy to make a home-made hand scrub.**

### You will need:

- 1/3 cup olive oil
- 1 tablespoon dried lavender
- 1 cup kosher salt
- 2 teaspoons finely grated lemon zest
- 1 tablespoon freshly squeezed lemon juice, from 1 small lemon



### Instructions:

Heat the olive oil and lavender in a small saucepan over low heat for about 5 minutes to warm the oil. Remove the saucepan from the heat and allow the infused oil to cool to room temperature.

In a small bowl, combine the salt, lemon zest and lemon juice. Pour in the infused oil and stir to incorporate. Transfer the scrub to an airtight glass container. The scrub will keep for 2 weeks at room temperature.

\*You can put the salts in a small glass jar and decorate with a pretty label and bow. A great gift idea that you can pamper Mom with! -Laura



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